



“Managers are shown how to establish a system of self-directed performance.”

## Leadership Component 3: Execution

### The Leader’s Role in Developing and Sustaining Peak Performance

#### Workshop Overview

The Leader’s Role in Developing and Sustaining Peak Performance provides an overview of the Peak Performance system for those managers who have not completed the Peak Performance series of workshops. It introduces managers to the principles of Peak Performance. Managers are shown how to establish a system of self-directed performance. They are introduced to strategic performance development.

#### Workshop Objectives

1. Managers understand the principles of a Peak Performance system.
2. Managers have an overview of the elements of a Peak Performance system.
3. Managers understand how to create a strategic performance development program.
4. Managers understand the role they play in establishing and sustaining peak performance.

#### Take-Home Value for Managers and their Company

1. Managers are more focused on what they need to do to establish and sustain peak performance.
2. Managers are more engaged in their company’s performance management and development program.
3. Using the principles of Peak Performance, managers are more effective at using their company’s performance management system to achieve peak performance.

#### Time Frame

1 day

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### **Post-Workshop Coaching**

Steve Dudley Associates is committed to the successful application of our workshop materials. We offer one-on-one coaching as a value-added option for each of our workshops. Please click on the “Coaching” tab to see a description of our workshop follow-up coaching program.

*Workshop: The Leader’s Role in Developing and Sustaining Peak Performance*

Recommended coaching sessions: 2-6

Suggested areas of coaching support:

- Using the company’s performance management program to achieve peak performance.
- Linking performance development of employees to the company’s strategy.
- Providing performance coaching and counseling to employees.
- Setting up a strategically directed performance development program.

### **Group Facilitation**

Contact us for customized group facilitation regarding this workshop.